



**Regulations of the 4th edition
of the
National Meeting 4H Saint-Égrève
Sunday, 2nd June 2019**



Article 1: Purpose of the document

The purpose of this document is to describe the regulations of the **4th edition of the national meeting 4H Saint-Égrève**, which will take place on the 2nd of June 2019 at the Balestas Stadium in Saint-Égrève.

This meeting is organized by the athletics section of the USSE (Sports Union of Saint-Égrève).

Article 2: Events with the National Label

The **400m hurdles women's and men's** races (direct finals) as well as the **100m hurdles women's races** (series and finals) are certified by the national label for summer themed meetings circuit of the French Athletics Federation.

The **110m hurdles men's** races (series and finals) are not certified by this label but take place as a complementary event within the hurdles theme of this National Meeting 4H Saint-Egrève.

Article 3: Selection of the athletes for the National Races: 400m hurdles W & M and 100m hurdles W

The National Meeting 4H Saint-Egrève is open to athletes having achieved the following **minima**:

- 400m hurdles men: 62''99
- 400m hurdles women: 69''99
- 100m hurdles women: 16''45

The Athletics Department Committee is organizing the 400m hurdles Department Championships during the National Meeting 4H Saint-Egrève, the athlete from the Isère department who wish to participate in the 400m hurdles will then be allowed to do so.

Article 4: Registration of the athletes

Athletes from outside the Isère department who wish to participate in the **400m hurdles men's and women's** races, with the national label, and **all athletes** who wish to participate in the **100m hurdles women's races**, with the national label, and in the **110m hurdles men's race**, complementary event without national label, have to register on the following page of the USSE Athletics website: <http://usse-athle.fr/meeting-national-4h-programme-inscriptions/>

The athletes from the Isère department who wish to participate in the **400m hurdles men's and women's** races, as part of the Isère Department Championships, have to be registered by their club on the Athletics Isère Department Committee website: <http://comite-isere.athle.org/>

Article 5: Awards – National Races: 400m hurdles M & W and 100m hurdles W

The first three (3) women and the first three (3) men, by time, of the 400m hurdles direct finals, and the first three (3) women of the 100m hurdles finals will be awarded the following **podium gratifications**:

- 1st place: 400 euros
- 2nd place : 300 euros
- 3rd place : 200 euros

A **victory renewed** from one year to the next will result in a **gratification increase** of 200 euros. Setting a new 400m hurdles record of the meeting will result in a 300 euro gratification. The current records are the following :

- 400m hurdles women: 55''92 by Lauren Wells on July, 10th 2016
- 400m hurdles men: 49''40 by Zied Azizi on June, 3rd 2018

Article 6: Travel and accommodation allowances – National Races: 400m hurdles M & W and 100m hurdles W

Athletes from outside the Isère department participating in the **national 400m hurdles and 100m hurdles races** can benefit from travel and accommodation allowances according to the following criteria:

- Compensation for the **8 best men times** and **8 best women times** of the **400m hurdles** for any performance
- Compensation for the **8 finalists of the 100m hurdles women**
- In order to get the compensation, the athletes will have to have provided during the registration, or as early as possible, their mode and amount of the travel as well as their accommodation request.
- In order **to get this compensation**, the day of the meeting or the following month, the athletes must **have provided beforehand** to the organization of the National Meeting 4H Saint-Egrève (USSE Athlétisme – 2, rue des Brioux – 38120 SAINT-EGREVE or usse.athle@gmail.com) their **transport and accommodation receipts** with their name, first name and travel or accommodation date:
 - train, bus or plane tickets,
 - toll receipts, declaration of kilometers traveled (compensated up to 0,13€/km according to the FFA financial circular), copy of the vehicle registration document for the vehicle used and driving license of the driver. The fuel costs will not be taken into account.
- This compensation will be limited up to **200 euros per athlete**. The payment will be made by **check for the athletes living in France**, who must have provided their postal address,

or by **bank transfer for the athletes living outside of France**, who must have provided their bank details (IBAN and BIC). Do not hesitate to contact the organization to act in a different way.

- In order to be compensated, the accommodation will need to take place at the Hotel Restaurant Campanile Grenoble Nord, 29 rue René Cassin in Saint-Egrève.

Article 7: Welcoming of the athletes participating in the National Races: 400m hurdles M & W and 100m hurdles W

When they register on the USSE Athletics website, the athletes will have to specify:

- If they wish that the organization books for them a room in the **Hotel Restaurant Campanile Grenoble Nord** for the Saturday, 1st June night and/or the Sunday, 2nd June night. The athletes will have to specify the number and type of rooms (single, double, twin).
- If they wish that the organization **drive** them:
 - From Grenoble train station to the hotel Campanile Grenoble Nord booked by the organization on Saturday, 1st June
 - From Grenoble train station to the Balestas Stadium in Saint-Egrève on Sunday, 2nd June
 - From the Balestas Stadium in Saint-Egrève to the Grenoble train station on Sunday, 2nd after the meeting-national
 - From the hotel Campanile Grenoble Nord to Grenoble train station on Monday, 3rd June in the morning

The organization takes in charge the **transport of the athletes** between Grenoble train station, the Balestas Stadium and the hotel Campanile Grenoble Nord. The **arrival and departure times** (Grenoble train station) must be given before the day of the meeting as early as possible.

Apart from what stated in the article 6, the accommodation costs remain at the expense of the athletes.

The coaches and trainers can benefit from these logistic services (via the athletes registration website).

Article 8: Meal for the athletes participating in the National Races: 400m hurdles M & W and 100m hurdles W

When they register on the USSE Athletics website, the athletes and their coaches or trainers will have to specify if they wish to benefit from the **lunch meal** on **Sunday, 2nd June** on the stadium. This meal will be provided for free by the organization.

On **Saturday, 1st June**, a **dinner** shared with the members of the organization committee, in the Hotel Restaurant Campanile Grenoble Nord or in the US Saint-Egrève club lobby in the Balestas stadium, will be offered to the athletes and their coaches. This meal will be provided for free by the organization.

Article 9: Anti-doping

Athletes involved in the Saint-Egrève National 4H Meeting are committed to **comply with the anti-doping rules**:

- the World Anti-Doping Agency (WADA),
- of the Athletics Integrity Unit (UIA) IAAF Anti-Doping Agency organization,
- and the French legislation according to Order No. 2018-1178 of December 19th 2018 relating to the measures in the field of the law necessary to further the transposition into domestic law of the principles of the World Anti-Doping Code.

In the event of a positive check, if the check-off took place on the 4H Meeting, or a decision to suspend, for positivity or pathological biological passport, on a date prior to the meeting, the premiums and compensation received must be refunded.

Article 10: Safety and Insurance

The organizers will take all necessary steps to ensure the **safety of spectators, athletes and officials** present throughout the meeting.

The organizers are covered by a **civil liability insurance policy** taken out by the Sports Union of Saint-Égrève at MACIF (contract no. 6113687).

Licensees shall benefit from the guarantees granted by their **licence**.

The organizing committee is not responsible for any robbery, equipment damage or accidents that may occur in the context of the meeting.

Article 11: Image rights

The athletes undertake to give the organization of the meeting the rights of use of the photos and videos taken by the organization and this for the exclusive use of the communication of the meeting.

Registering for the National Meeting 4H Saint-Egrève implies knowledge and compliance with these rules.